



UDJAA BASEBALL

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INSURANCE AND HEALTH WAIVERS

UDJAA WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in any Upper Dublin Junior Athletic Association (UDJAA) program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risks of injury and illness (e.g.: communicable diseases such as MRSA, influenza, and COVID-19) from the activities involved in this program are significant, potentially life-threatening, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and,
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the Releasees or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest UDJAA official/coach immediately; and,
4. I acknowledge that I am aware that there are risks to me of exposure to directly or indirectly arising out of, contributed to, by, or resulting from: An outbreak of any and all communicable disease, including but not limited to, the virus "severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)", which is responsible for Coronavirus Disease (COVID-19) and/or any mutation or variation thereof;
5. In consideration of having the opportunity to participate as either a team member or competitor at any location, and in acknowledging that I am aware of and willing to assume the risks associated with this activity, I hereby voluntarily agree to waive, hold harmless and indemnify UDJAA and its trustees, agents, volunteers and employees from any and all claims, demands, damages and causes of action of any nature whatsoever arising out of ordinary negligence which I, my heirs, my assigns or successors may have against them for, on account of, or by reason of my participation in the above activities. I indicate my agreement to this hold harmless elective noted below.

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of the activity and his/her responsibilities for adhering to the rules and regulations. Furthermore, my child/ward understands and accepts these risks and responsibilities. I, for myself, my spouse, and child/ward, do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's/ward's involvement or participation in these activities as provided above, even if arising from their negligence, to the fullest extent permitted by law.

Participant Name: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Participant Date of Birth _____ DATE SIGNED: _____

UDJAA BASEBALL HEALTH QUESTIONNAIRE AGREEMENT

I, _____, hereby agree that I will ask / consider the following questions before I take my child(ren), _____, to engage in an any activity organized by UDJAA Baseball. I also agree that I will not send my child(ren) to the field if I answer “yes” to any of the following questions. If I answer “yes” to any of the following questions, I will call my child’s head coach and notify them immediately.

- 1) Have you or your child been in close contact with a person that has shown signs / symptoms (temperature 100.4 or higher, coughing, shortness of breath, runny nose, headaches, fatigue, muscle aches, and altered taste or smell, or been diagnosed with COVID-19?

- 2) Has anyone in your household been in contact with a person that is in the process of being tested, has signs / symptoms or been diagnosed with COVID-19?

- 3) Have you or your child been medically directed to self-quarantine due to possible exposure to COVID-19?

- 4) Is your child having trouble breathing or have they had flu-like symptoms within the past 72 hours including fever, dry cough, shortness of breath, sore throat, body aches, chills, loss of taste, loss of smell or fatigue?

Child Name _____ (Print)

Parent Name _____ (Print)

Parent Signature _____ (Signature)

Date _____

UDJAA BASEBALL
SCREENING AND DISCLOSURE POLICY

UDJAA BASEBALL 2020 TESTING AND DISCLOSURE REQUIREMENTS

Players and coaches should have a COVID-19 Symptom Screen and their temperature taken daily at home before practice and should NOT participate if they have COVID-19 symptoms or have a fever of **100.4°F** or over.

*A COVID-19 Symptom Screen checks for the following: fever, cough, shortness of breath, runny nose, headaches, fatigue, muscle aches, and altered taste or smell. The only exception would be a runny nose from allergies, which should improve with usage of allergy medications.

If a player or coach is symptomatic or has a fever of **100.4°F** or higher, the family should notify their team's head coach immediately. The team's head coach will email the team concerning the player or coach with a fever of **100.4°F or higher** and will notify UDJAA Baseball Commissioner Dan Berman at baseball@udjaa.net. Team practices with remaining players and coaches may continue following disclosure.

If a player or coach is symptomatic or has a fever of **100.4°F or higher**, they should NOT participate until after 3 days with no fever AND 10 days since the fever appeared - OR - 3 days with no fever AND a negative COVID-19 test result.

If a player or coach is positively diagnosed with COVID-19, the family should notify their team's head coach immediately. The team's head coach will email the team that a player has been positively diagnosed with COVID-19 and will notify UDJAA Baseball Commissioner Dan Berman at baseball@udjaa.net. The player or coach with the positive test will not be permitted to return until providing a doctor's note clearing the person to return to play. All remaining players and coaches on the impacted team should NOT participate until 10 days have passed following the exposure - OR - a negative COVID-19 test result.

If a player or coach is exposed to someone who is positively diagnosed with COVID-19, the family should notify their team's head coach. The team's head coach will email the team that a player has been exposed to someone who is positively diagnosed with COVID-19 and will notify UDJAA Baseball Commissioner Dan Berman at baseball@udjaa.net. The exposed player or coach should NOT participate until 10 days have passed following the exposure - OR - a negative COVID-19 test result. Team activities with remaining players and coaches may continue following disclosure. An example of "exposure" would be less than 6' proximity to a person diagnosed with COVID-19 without appropriate face coverings.

UDJAA Baseball Commissioner Dan Berman at baseball@udjaa.net will communicate all confirmed cases to Upper Dublin Township and Montgomery County Department of Health and will seek any necessary guidance from the Department on a case-by-case basis.

UDJAA Baseball Commissioner Dan Berman at baseball@udjaa.net will be responsible for responding to COVID-19 concerns. All coaches, staff, officials, and families will be notified who this person is and how to contact them.

UDJAA BASEBALL RETURN TO PLAY
GUIDELINES

UDJAA BASEBALL RETURN TO PLAY GUIDELINES

Prior to Arriving at Baseball Activities

- Parents will complete a symptom screen for the participant, including a temperature check, prior to arrival at each game or practice. Anyone experiencing COVID/FLU-like symptoms must stay home. Such symptoms would include fever 100.4 degrees or higher, cough, shortness of breath, headache, runny nose, muscle aches, loss of taste or smell, and diarrhea/abdominal pain.
- Screenings should also be completed by all guests prior to entering the facility. Guests experiencing COVID-19 symptoms listed above should stay home
- Players are strongly recommended to travel to the venue with a member of their immediate household and not carpool.
- All athletes and coaches must bring their own water and drinks to team activities. No sharing of water bottles is permitted.

ARRIVAL/CHECK IN/OFF THE FIELD

- If more than one game is to be held at the same field, a minimum of 30 minutes time shall be allowed between games to minimize interaction between athletes
- Players should wait in their cars with guardians until just before the beginning of a practice, warm-up, or game.
- Coaches will perform a temperature check of all participants. Anyone with a temperature of 100.4 degrees will not be allowed to participate.
- Parents are strongly encouraged to drop off their kids and not stay during practices. If they must stay, social distancing guidelines must be maintained and masks should be worn.
- Parents are also strongly encouraged to keep spectators at a minimum for games (ideally one guardian per child).
- Parents should bring their own seating and distance at least 6 feet of spacing from anyone not in the same household.
- Each game or practice must adhere to the gathering occupancy limits as established by Commonwealth of Pennsylvania guidelines. Occupancy includes players, umpires and fans.

PRE-GAME ACTIVITIES

- Home plate meetings will be limited to the umpire and one coach from each team; and all must practice social distancing.
- Coaches must ensure that players are following COVID-19 -related prevention measures including but not limited to ensuring that players are adhering to social distancing in dugouts

and other seating areas. No more than a combination of 4 players/coaches are permitted in the “traditional dugout”.

DURING BASEBALL ACTIVITIES

- Coaches should wear face coverings (masks or face shields) at all times, unless doing so jeopardizes their health.
- Dugouts should be used sparingly and never more than 4 players or coaches. Once the dugout capacity has been exceeded, players and their equipment will be staged at 6 foot intervals along the adjacent fence line.
- There will be no “high-5’s,” handshakes, or other contact displays of sportsmanship. Instead, sportsmanship will be encouraged with a tip of the hat from a safe distance.
- Activities that increase the risk of exposure to saliva must not be allowed including chewing gum, spitting, licking fingers, and eating sunflower seeds.
- All players/Coaches will make sure that everyone washes their hands or uses alcohol-based hand rub before playing.
- Coaches will be mindful of the screened symptoms during baseball activities. If a coach sees a player exhibiting the screened symptoms, he or she should discuss with the parent immediately.
- Umpires will be encouraged to keep a safe distance from players as much as possible and at their option would be permitted to call balls and strikes from behind the pitcher’s mound. Any umpire calling balls and strikes from behind the catcher must wear a mask.
- All players/coaches will use their own personal baseball and protective equipment (gloves, bats, helmets, etc.). All catcher’s masks will be disinfected after the game.

LEAVING BASEBALL ACTIVITIES

- Individuals should not congregate in common areas or parking lot following the baseball activity.
- Individuals should not exchange items, equipment or share food/drink at any time.
- Any team meetings should occur in a socially distant manner.

Overall safety of our players, parents is paramount and our highest priority. Failure to abide by these guidelines by any player, parent or coach could result in immediate dismissal from future baseball activities.